

PRAYERS AND DEVOTIONS



MORNING PRAYERS

Privately, on rising: The Morning Offering, p. 22.

COMMUNITY PRAYER

(on Sun., Tue., Thur., Sat.): Te Deum, p. 17.

(on Mon., Wed., Fri.): Psalm 134

Praise the name of the Lord; * Praise, you servants of the Lord,

Who stand in the house of the Lord, * in the courts of the house of our God,

Praise the Lord, for the Lord is good; * sing praise to his name, which we love;

For the Lord has chosen Jacob for himself, * Israel for his own possession.

For I know that the Lord is great; * our Lord is greater than all gods.

All that the Lord wills he does in heaven and on earth, * in the seas and in all the deeps.

He raises storm clouds from the end of the earth; with the lightning he makes the rain; * he brings forth the winds from his storehouse....

Your name, O Lord, endures forever; * Lord is your title through all generations,

For the Lord defends his people, * and is merciful to his servants.

Glory be to the Father, etc.

Blessed be the Holy and undivided Trinity, * now and forever. Amen.

Glory be to the Father Who has created me, * glory be to the Son Who has redeemed me, * glory be to the

Holy Spirit Who has sanctified me.

I humbly adore You, * my Creator, my Redeemer, and my Judge. * I believe in You * because You are Truth itself; * I hope in You * because You are faithful to Your promises; * I love You with my whole heart * because You are infinitely worthy of being loved, * and for Your sake, * I love my neighbor as myself.

Prayer for Seminarians: O Jesus, Eternal High Priest, * we offer You through Your Immaculate Mother Mary, * Your own Precious Blood, * in the Mass in which we shall soon participate, * as a petition for the graces* for all of us seminarians, * Your future priests. * Give us humility, meekness, prudence, * and a burning zeal for souls. * Fill our hearts with the gifts of the Holy Spirit. * Teach us to know and love the Church, * that we may always and everywhere * speak, act and think with her, * the glorious Spouse of Christ. * Teach us generosity in Your service * and detachment from the things of this world; * but above all, * teach us to know You and love You, * the one and only Eternal Priest. * Good Shepherd of souls, * hear this our prayer * for saintly priests. Amen.

Prayer to imitate Christ: Adorable Jesus, * my Savior and Master, * model of all perfection, * I resolve and will strive this day * to imitate Your example; * to be like You, * meek, humble, chaste, * zealous, charitable, and generous in the performance of all my duties. * Help me, O Lord, to succeed in this resolution, * by curbing every evil inclination, * and so guard and sustain me today * that every thought, word, and act of mine * may tend to Your greater glory, * to the sanctification of my soul, * and to the good of those around me, * especially my brothers in Your service. * Enlighten our minds, * purify our hearts, * and guide our steps, * that we may all walk worthily before You. Amen.

PRAYERS FROM PRIME

The Little Chapter - of the season.

R. Thanks be to God.

V. Christ, Son of the living God, * have mercy on us.

R. Christ, Son of the living God, * have mercy on us.

V. You who sit at the right hand of the Father.

R. Have mercy on us.

V. Glory be to the Father, and to the Son, and to the Holy Spirit.

R. Christ, Son of the living God, * have mercy on us.

V. Arise, O Christ, and help us.

R. And deliver us for your name's sake.

V. Lord have mercy.

R. Christ have mercy.

V. Lord, have mercy.

Our Father ... (silently to) And lead us not into temptation.

R. But deliver us from evil.

V. I, O Lord, have cried to You.

R. And in the morning my prayer shall come early before you.

V. Let my mouth be filled with praise.

R. That I may sing of Your glory, and of Your greatness all the day long.

V. O Lord, turn away Your face from my sins.

R. And blot out all my guilt.

V. Create in me a clean heart, O God.

R. And renew a steadfast spirit within me.

V. Holy God, Holy and Mighty, Holy and Immortal.

R. Have mercy on us.

V. Bless the Lord, O my soul.

R. And forget not all His benefits.

V. He pardons you all your iniquities.

R. He heals all your ills.

V. He saves your life from destruction.
 R. He crowns you with kindness and compassion.
 V. Our help is in the name of the Lord.
 R. Who has made heaven and earth.
 V. O Lord, hear my prayer.
 R. And let my cry come to You.

Let us pray.

(on Sun., Tue., Thur., Sat.): O Lord God almighty, * You have brought us to the beginning of this day; * defend us in the same by Your power, * that we may not fall this day into any sin, * but that all our thoughts, words and works * may be directed to the fulfillment of Your Will. * Through our Lord Jesus Christ, Your Son, * Who lives and reigns with You * in the unity of the Holy Spirit God, * world without end. Amen.

(on Mon., Wed., Fri.): O Lord God, King of heaven and earth, * be pleased this day to direct and to sanctify, * to rule and to govern our hearts and bodies, * our thoughts, words, and deeds, * in Your Law and in the works of Your Commandments, * that now and ever we may, by Your help, * attain salvation and freedom, O Savior of the world, * Who live and reign forever and ever. Amen.

V. Let us bless the Lord.
 R. Thanks be to God.

May the Lord bless us, * and keep us from all evil, * and bring us to life everlasting: * and may the souls of the faithful departed, * through the mercy of God, * rest in peace. Amen.

PRAYER AFTER MASS

(on Sun., Tue., Thur., Sat.): Prayer before the Crucifix, p. 27.

(on Mon., Wed., Fri.): Prayer to Christ the King: O Christ Jesus, * I acknowledge You as King of the Universe; all that has been made * was created for You. * Exercise over me all the rights that You have. * I renew my baptismal promises, * renouncing Satan and all his works and pomps * and I promise henceforth to lead a good Christian life. * And especially do I promise, * by all the means in my power, * to bring about the triumph of the rights of God and of Your Church. * Divine Heart of Jesus, * I offer You my poor actions * to obtain that all hearts * may recognize Your consecrated kingship * and that thus the kingdom of Your peace * may be established throughout the whole world. Amen. Our Father. Hail Mary. Glory.

Prayer for the work of the Church, to be inserted after the prayer for the Bishop in the Visit prayers, p. 29.

V. Let us pray for the apostolic mission of the Church.
 R. Grant, O Lord, that all peoples may know You, the only true God, * and Him Whom You have sent, * Jesus Christ, Your Son, our Lord.

BEFORE STUDY: *Actiones nostras*, p. 15.

Direct, we beseech You, O Lord, our actions * by Your holy inspirations, * and carry them on by Your gracious assistance, * that every prayer and work of ours * may begin always from You, * and through You be happily ended. * Through Christ our Lord. Amen. V. Seat of Wisdom. R. Pray for us.

AFTER STUDY: *Agimus tibi*, p. 16.

We give You thanks, almighty God, * for all Your blessings, * Who live and reign forever and ever. Amen.
V. St. Joseph. R. Pray for us.

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AT MEALS: Benedic, Domine, p. 8.

Bless us, O Lord, and these Your gifts, * which we are about to receive from Your bounty. * Through Christ our Lord, Amen.

Agimus tibi, p. 8.

We give You thanks, almighty God, * for all Your blessings, * Who live and reign forever and ever. Amen.
V. Let us bless the Lord.
R. Thanks be to God.
V. May the souls of the faithful departed, through the mercy of God, rest in peace.
R. Amen.

THE ANGELUS, p. 6.

V. The Angel of the Lord declared unto Mary.
R. And she conceived by the Holy Spirit.
Hail Mary.
V. Behold the handmaid of the Lord.
R. Be it done unto me according to thy word.
Hail Mary.
V. And the Word was made flesh.
R. And dwelt amongst us.
Hail Mary.
V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ
Let us pray.

Pour forth, we beseech You, O Lord, * Your grace into our hearts, that we, to whom the Incarnation of Christ Your Son * was made known by the message of an angel, * may, by His passion and cross, * be brought to the glory of His resurrection. * Through the same Christ our Lord. Amen.
V. May the divine assistance remain always with us.
R. Amen.

THE REGINA CAELI, p. 7.

V. Queen of heaven, rejoice, alleluia.
R. For He Whom you were made worthy to bear, alleluia.
V. Has risen as He said, alleluia.
R. Pray for us to God, alleluia.
V. Rejoice and be glad, O Virgin Mary, alleluia.
R. For the Lord has truly risen, alleluia.
Let us pray.
O God, Who by the Resurrection of Your Son, our Lord Jesus Christ, * has been pleased to fill the world with joy; * grant, we beseech You, * that through the intercession of the Virgin Mary, His Mother, * we may attain the joys of eternal life. * Through the same Christ our Lord. Amen.
V. May the divine assistance remain always with us.
R. Amen.

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NIGHT PRAYERS

Under Your all-powerful protection, O most Holy Trinity, * Father, Son, and Holy Spirit, * I have ended this day. * I thank You for the numberless benefits * which You have bestowed upon me. * It was my duty to serve You most faithfully in all things, * and to strive to do Your holy Will joyfully, * as the holy angels and saints do in heaven. * But have I done so? * Give me light, O

my God, to know my faults, * and grace sincerely to repent of them.

Examination of Conscience

O my God, * I am heartily sorry for having offended You, * and I detest all my sins, * because of Your just punishment, * but most of all * because they offend You, my God, * who are all-good and deserving of all my love. * I firmly resolve, * with the help of Your grace, * to sin no more * and to avoid the near occasions of sin. O my God, take me under Your protection, * preserve me from evil of body and soul, from the snares of the devil * and especially from an unprovided death, * and the pains of hell.

O Mary, guard and protect your child. * My holy Guardian Angel, watch over my sleep. * Pray for me, all you angels and saints of God, * but especially you, * my Patron Saints.

Prayers from Compline

V. You are in our midst, O Lord, Your name we bear;
do not forsake us, O Lord, our God.

R. Thanks be to God.

V. Into Your hands, O Lord, I commend my spirit.

R. Into Your hands, O Lord, I commend my spirit.

V. You have redeemed us, O Lord, God of Truth.

R. I commend my spirit.

V. Glory be to the Father, and to the Son, and to the Holy Spirit.

R. Into Your hands, O Lord, I commend my spirit.

V. Keep us, O Lord, as the apple of Your eye.

R. Protect us under the shadow of Your wings.

Canticle of Simeon

Now you may dismiss your servant, O Lord, according to your word, in peace.

Because my eyes have seen your salvation,
Which you have set before all the nations,
As a light of revelation for the Gentiles, * and the glory
of your people Israel.

Glory be to the Father, etc.

Ant. Save us, O Lord, while we are awake, * and guard us when we sleep: * that we may watch with Christ * and rest in peace.

V. Blessed are You, O Lord, the God of our fathers,

R. And worthy to be praised and exalted above all forever.

V. Let us bless the Father, and the Son, and the Holy Spirit.

R. Let us praise and exalt Him above all forever.

V. May the almighty and merciful Lord bless us and keep us.

R. Amen.

V. We pray, O Lord, this night.

R. Keep us without sin.

V. Have mercy on us, O Lord.

R. Have mercy on us.

V. Let Your mercy, O Lord, be upon us.

R. As we have hoped in You.

V. O Lord, hear my prayer.

R. And let my cry come to You.

Let us pray.

Visit this house, we beseech You, O Lord, * and drive far from it all snares of the enemy; * let Your holy Angels dwell herein, * who may keep us in peace; * and let Your blessing be always upon us. * Through our Lord Jesus Christ, Your Son, * Who lives and reigns with You * in the unity of the Holy Spirit God, * world without end.
V. Let us bless the Lord.
R. Thanks be to God.

May the almighty and merciful Lord, * the Father, the Son, and the Holy Spirit, * bless and keep us. Amen.

Privately, on retiring:

Jesus, Mary, Joseph, I give you my heart and my soul.

Jesus, Mary, Joseph, assist me in my last agony.

Jesus, Mary, Joseph, let me breathe forth my spirit in peace with you. Amen.